

From Fear to Faith
Journey Togetherish Lesson 2
Mustang UMC

In this video, we looked at how to take the journey from fear to faith. Moments of fear are natural occurrences when an outside threat is greater than our inward capacity towards safety. Experiencing fear is normal and necessary. Living in fear is dangerous and destructive. The best antidote to fear is faith. **As it says in Hebrews 11:1, “Faith is the assurance of things hoped for, the conviction of things not seen.” We choose to have faith believing that God is at work even and especially when we cannot see Him.**

In the video, Pastor Aaron shared the story of Prophet Elisha’s servant who felt surrounded but was unable to see the spiritual army of God found in 2 Kings 6. Elisha prayed that he would be able to see beyond the physical enemy, but to see the spiritual army that was unseen. **Part of the way that we can have faith is hearing these stories that remind us that God’s grace and goodness are often unseen especially when our dangers and fears are surrounding us.**

Here are some discussion questions. Please do not feel that you must answer every question and instead trust the Holy Spirit to guide your conversation. Remember to give all people an opportunity to share.

- *What phrase, image, scripture, or idea stood out most to you during the video?*
- *When is a time that you experienced fear, and how did you move through it?*
- *What are you afraid of now amid this pandemic? Be specific.*
- *How have you taken the journey from fear to faith before?*
- *What does the story of 2 Kings 6 teach you about how to view fears?*
- *How can we pray for each other during this time?*

At the conclusion of your time, have someone pray for each other and for God to guide us as we move from fear to faith.